

2009 Mira Mesa AYSO All-Star Program Overview

The AYSO all-star program is a continuation of play for players who played in the recreational division of AYSO in the fall. (MATRIX players are not eligible.) The all-star season follows the regional fall recreational season and inter-regional (area) playoffs, with play taking place in January and February. Players for the all-star teams are chosen by coaches to participate in all-star play based upon their performance in games during the recreational season.

Games are played within the seven (7) regions that make up Area R – with all games played in San Marcos.

All-star play is highly competitive, and is often a stepping-stone for those who wish to take part in the Spring Tournament program and MATRIX club team program.

All-star play starts at the Under 10 level and continues through Under 14.

2009 All-Star Coach Application

Coaches who want to apply for a position as a 2009 all-star coach may now download and complete the [application](#). The application is due [October 14th](#). Selected coaches will be published no later than [October 21st](#). Selected coaches must be prepared to spend the final weeks of the fall season scouting for players.

Although there are no guarantees, the Region anticipates placing one team from each of the boys' and girls' U10, U12 and U14 divisions.

For questions, please contact the Coach Administrator: garycederquist@gmail.com or (858)382-6997.

AYSO Region 285 All-Star Coach Selection Policy and Process

The following sets forth the all-star coach selection policy and process for AYSO Region 285:

1. All-star coaches will be selected by the Region 285 Advanced Play Programs Committee consisting of:
 - APP Coordinator (Sam Frierson)
 - Assistant Regional Commissioner (Julius Hitchens)
 - Regional Referee Administrator (Byron Wright)
2. All-star coach Selection Process and Timetable:
 - All-star coach application completed and submitted no later than [October 14th](#).
 - All-star coach selection to occur by [October 21st](#).

- All-star player selection – Section 11 Rules and Regulations states that “all-star teams shall be formed no sooner than November 15th.” However, coaches may inquire as to whether a player is interested in playing on an all-star team.
 - All-star team practices may begin after [November 15th](#).
 - Final all-star rosters are due no later than [December 1st](#).
3. General All-Star Coach Consideration Criteria (NOTE: Consideration Criteria are guidelines only for all-star coach selection.)
- Coach must be currently in good standing with the Region.
 - Coach must have completed age-appropriate coach training and Safe Haven certification.
 - Coaching experience – total years and all-star/Tournament/MATRIX Team coaching experience
 - Referee experience – badge grade, number of games and years of experience.
 - Total years serving as volunteer in Mira Mesa Region 285
 - General email/computer communication capability
 - Coaching style embodies positive, instructional and encouraging approach
 - Coach abides by the AYSO Philosophies as indicated by actions (positive coaching and sportsmanship) at practice and games.

AYSO Region 285 All-Star Player Selection Policy and Process

1. Selection of Teams

- Players offered all-star Team positions must play at the age level of the division in which they played during the fall recreation league.
- Players are selected based on skill level, aggressiveness, attitude, sportsmanship, teamwork and the desire to win.
- Fall coaches will submit player names from their team who have the qualities for selection to the all-star team. Coach will submit the player’s name and jersey number to the Coach Administrator at garycederquist@gmail.com by [October 17th](#).
- All-star coaches shall use this list of potential candidates for evaluating players during a minimum of two regular season games, but they should evaluate *all players* in their respective division in order to field the strongest team possible.
- All-star coaches may hold try-outs. If this is done, all interested players should be invited to try out. All players or their parents must be notified if they did not make the team within one week of team selection.
- No later than [November 7th](#), the divisional ratings meeting will be held with the division coaches including the all-star coaches. This meeting will give the division coaches the final opportunity for input into the all-star process. The divisional coaches and all-star coach will establish the all-star player pool at this meeting. This pool will consist of the maximum number of players that could be selected for an age group plus five players (i.e. U10: 10+5 = 15, U12 and above: 15+5 = 20).
- A designated Board representative will approve the all-star pool of players and the team will be selected from this pool only. The Division Coordinator or Advanced Play Program Committee must approve any requests for players outside this pool.
- The all-star coach will designate five players in their all-star pool as alternates. These alternates will be used if players chosen for the all-star team decline the opportunity to play on the team.
- There is to be a maximum representation on an all-star team from any one Fall recreational team as follows:

Division	# Rec Teams	All-Star Roster Size	Max team representation on divisional all-star team
U10B	8	10	3
U10G	6	10	4
U12B	4	15	7
U12G	4	15	8
U14B	2	15	10
U14G	2	15	10

2. All-Star Player Notification

- The all-star coach shall contact the families of potential all-star players. Invitations shall not be delivered on the field. Verbal invitations shall be followed with a written invitation that includes the following information:
 1. Practice days and times
 2. List of potential tournaments – locations, dates, number of players allowed on the field
 3. Number of expected players on the all-star team
 4. Dates and location of Area R All-Star Tournament
 5. Dates of Section 11 Tournament & State tournament in case the team advances
- Players and their parents should be informed that participation on the all-star team is a major commitment of time and effort. Any player who is not serious about the team should decline allowing replacement by a player who will fully commit to the team.
- By accepting the invitation to play on the all-star team, players are committing to the Area R all-star tournament. If the team progresses from the Area Tournament, this commitment will also include the Section 11 Tournament and State Tournament.
- The all-star invitation will include a response date. If a response has not been received by the due date, the all-star coaches are responsible for contacting players for their answer by November 30th.
- Once the all-star teams are selected and approved, the all-star coaches are not to discuss any part of the all-star team selection process on the field with players or families.
- Area R Divisional Playoffs take priority over any conflicting all-star tournaments. Players must attend their divisional team games first. It is the all-star coach's responsibility to encourage these players to complete their commitment to their divisional team.

3. All-Star Team Calendar

- All-star parent and player meeting to be scheduled the first week of December.
- Area All-Star Tournament in San Marcos the second and third weekends in January.
- Section and State all-star Tournament (TBD)